

## National Summer Meet Ponds Forge- Results

Written by Claire Muller  
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Congratulations to Lauren Braddon and Nicole Quiller who both swam 200m Backstroke today at Ponds Forge Sheffield.

Lauren came 11th overall in the 17/over age group swimming a time of 2.27.47, Nicole came 16th in the 12/13 age group swimming 2.32.55, the 2nd fastest 12 year old overall.

Well done girls 🏆

